



A School Where Educating Is Our Number One Goal

New Life Academy of Excellence Wellness Policy Evaluation Form

Date of Evaluation: June 4, 2019 Evaluator(s): Wellness Committee

		WELLNESS POLICY EVALUATION	
YES	NO	Component 1: NUTRITION PROMOTION & EDUCATION	
<input type="checkbox"/>	<input checked="" type="checkbox"/>	Students receive nutrition education, to include food safety, which is integrated into health education curriculum or core curriculum.	
<input checked="" type="checkbox"/>	<input type="checkbox"/>	Students receive, to the extent possible, messages regarding nutrition throughout the school environment.	
<input type="checkbox"/>	<input checked="" type="checkbox"/>	School conducts nutrition education activities and promotions that involve parents, students, teachers, and the community.	
<input checked="" type="checkbox"/>	<input type="checkbox"/>	School promotes the consumption of fresh fruits and vegetables with promotional signage and/or modified and attractive product display at breakfast or lunch at least once per year.	
<input checked="" type="checkbox"/>	<input type="checkbox"/>	The school environment, including the lunchroom and classroom, should provide clear and consistent messages that promote and reinforce healthy eating.	
<input checked="" type="checkbox"/>	<input type="checkbox"/>	Students have access to useful nutrition information. Posters, worksheets and newsletters will be available throughout the school.	
<input checked="" type="checkbox"/>	<input type="checkbox"/>	The school has provide parents with healthy snack ideas and lists of foods for healthy celebrations.	
		<p>PROGRESS REPORT: Indicate school level action plans for program improvement.</p> <p><u>work with Physical education instructor to incorporate nutrition and education into curriculum.</u></p> <p><u>Coordinate with Parent Organization to include nutrition education into community, parent and student events like Spirit Nights, Town Hall meetings and International night.</u></p>	
YES	NO	Component 2: PHYSICAL ACTIVITY & NUTRITION	
<input checked="" type="checkbox"/>	<input type="checkbox"/>	Physical activity or recess is not being used as a reward or punishment.	
<input checked="" type="checkbox"/>	<input type="checkbox"/>	School environment provides safe and enjoyable physical activities for all students.	
<input checked="" type="checkbox"/>	<input type="checkbox"/>	School promotes after school physical activities.	
<input checked="" type="checkbox"/>	<input type="checkbox"/>	Physical activity is provided on a weekly basis.	
<input checked="" type="checkbox"/>	<input type="checkbox"/>	School will offer at least 20 minutes of recess on all days during the school year	
<input checked="" type="checkbox"/>	<input type="checkbox"/>	Students participate in periodic fitness assessments.	



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		<p>PROGRESS REPORT: Indicate school level action plans for program improvement. <i>School & staff have been diligent in ensuring students receive a form a physical etc activity</i></p>
YES	NO	Component 3: OTHER ACTIVITIES THAT PROMOTE STUDENT WELLNESS
<input checked="" type="checkbox"/>	<input type="checkbox"/>	Encourage more activities that are physical by minimizing sedentary activities.
<input checked="" type="checkbox"/>	<input type="checkbox"/>	Encouraging classroom teachers to provide short physical activity break between lessons or classes, as appropriate.
<input checked="" type="checkbox"/>	<input type="checkbox"/>	Tutoring, club or organizational meetings are not scheduled during mealtimes, unless students may eat during such activities.
<input checked="" type="checkbox"/>	<input type="checkbox"/>	Afterschool Enrichment program will encourage healthy snacking and physical activity
		<p>PROGRESS REPORT: Indicate school level action plans for program improvement. <i>Try-out new ideas & ways to incorporate more physical activity inside & outside of the school day.</i></p>
YES	NO	Component 4: NUTRITION STANDARDS AND GUIDELINES FOR ALL FOODS AND BEVERAGES AVAILABLE ON CAMPUS DURING THE SCHOOL DAY
<input type="checkbox"/>	<input checked="" type="checkbox"/>	School staff does not use foods or beverages as rewards for academic performance or good behavior, particularly those foods with minimal nutrition value.
<input checked="" type="checkbox"/>	<input type="checkbox"/>	School prohibits the withholding of food or beverages, including food served through school meals as punishment.
<input checked="" type="checkbox"/>	<input type="checkbox"/>	School encourages fundraisers that promote positive health habits.
<input type="checkbox"/>	<input checked="" type="checkbox"/>	All food offered to students outside of the School Nutrition Program should meet state and federal nutritional guidelines.
		<p>PROGRESS REPORT: Indicate school level action plans for program improvement. <i>Find & inform staff & teachers of alternate ways to reward students academic performance. (Ex. Chinese teachers give students SKittles for good academic performance).</i></p> <p><i>Vending machines that are controlled by the kindergarten team will collaborate w/ school nutrition program to vend/sell items</i></p>



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		<u>recommended & in compliance with Smart Snacks Snacks.</u>
YES	NO	Component 5: COMMUNITY INVOLVEMENT & INFORMING THE PUBLIC
<input checked="" type="checkbox"/>	<input type="checkbox"/>	Wellness policy updates will be provided to the students, parents and staff, as applicable in the form of the school website, newsletter and handouts to ensure the public is informed and that input is encouraged.
<input checked="" type="checkbox"/>	<input type="checkbox"/>	The school will ensure that the most current version of the wellness policy and triennial assessments are always available on the school website for the public to view
<input type="checkbox"/>	<input checked="" type="checkbox"/>	Students will be asked for input and feedback through the use of surveys and attention would be given to their comments, suggestions and concerns.
		<p>PROGRESS REPORT: Indicate school level action plans for program improvement. <u>Currently Student Surveys are not in place.</u></p> <p><u>Working on implementing these surveys to students beginning SY 19-20. Students to participate in 1 Survey per Semester.</u></p>
YES	NO	Component 6: IMPLEMENTATION & EVALUATION
<input checked="" type="checkbox"/>	<input type="checkbox"/>	The Principal, or designee, is responsible for overseeing the implementation and compliance of the Wellness Program, including the oversight of the implementation of goals and conducting the evaluation.
<input checked="" type="checkbox"/>	<input type="checkbox"/>	Annually, the wellness committee reviews the Evaluation Plan for each Component of the Wellness Program.
<input checked="" type="checkbox"/>	<input type="checkbox"/>	Evaluation Results and a Triennial Assessment are made available to the public on the System's website.
<input checked="" type="checkbox"/>	<input type="checkbox"/>	The public has an opportunity to provide input regarding development, implementation and periodic review of the policy to the Committee by way of survey.
		<p>PROGRESS REPORT: Indicate school level action plans for program improvement. *Please also provide any recommendations for implementation, evaluation or revision for Wellness Program. <u>Committee will diligently monitor the implementation of the wellness policy.</u></p> <p><u>Triennial Assessment will be conducted on June 2, 2020.</u></p>

CONTACT INFORMATION: For more information about this school's wellness committee and wellness practices, or for ways to get involved and participate, contact the wellness policy designee:



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Interested in participating as a member on the NLAE Wellness Committee? Please see contact the Wellness Policy Designee.

Wellness Policy Designee Signature: Dalisha Jordan

Date: 6/4/19